



oh hey!

I'm Sophia.

***I'M A LIST-MAKING
EXPERT, AN OBSESSIVE
DECORATOR, AND A
TYPE-A PERFECTIONIST.***

The year before I went to college I would fall asleep dreaming about how I was going to decorate, organize, and even clean my dorm room.

I wanted to have the "IT" dorm room that all my new friends would hang out in and tell me how cute it is.

I've taken that obsession and am guiding you through everything I wish I knew about college from the best dorm room products, to the cutest outfits, to my genius college hacks, to all. things. boys. WE COVER IT ALL.

I talk about the practical and juicy things that no one else will tell you about college.

Let's do this.

College Packing List

THIS BELONGS TO:

BEDDING SUPPLIES

- MATTRESS TOPPER
- MATTRESS PROTECTOR
- SHEETS
- PILLOWCASES
- COMFORTER
- ACCENT PILLOWS
- BLANKET
- CLIP-ON FAN
-
-
-

BATHROOM SUPPLIES:

- 2 BODY TOWELS
- TOWEL WRAP
- SHOWER CADDY
- MAKEUP ORGANIZER
- MAKEUP MIRROR
- HAIR WRAP
- BASKET FOR HAIR PRODUCTS
- 2 HAND TOWELS
- HAIR DRYER
- STRAIGHTENER
- CURLING IRON
- SHAMPOO & CONDITIONER
- FACE WASH
- MAKEUP REMOVER
- SHAVING CREAM
- RAZOR
- LOOFAH
- LOTION

BATHROOM SUPPLIES:

- HAIRSPRAY
- COTTON BALLS
- NAIL POLISH REMOVER
- NAIL POLISH
- MAKEUP
- MAKEUP BRUSHES
- PERFUME
- TOOTHBRUSH
- TOOTHPASTE
- RETAINER
- TWEEZERS
- DEODORANT
- TISSUES
- SUNSCREEN
- FIRST AID KIT
- IBUPROFEN
- ALLERGY MEDICINE
- TUMS
- COLD + FLU MEDICINE
- TAMPONS + PADS
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-
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ELECTRONICS:

- LAPTOP + CHARGER
- EXTENSION CORD
- SURGE PROTECTOR
- CALCULATOR + CHARGER
- SOUND MACHINE

College Packing List

ELECTRONICS CONT:

- 10FT PHONE CHARGER
- USB DRIVE
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-
-

CLOTHING:

- BRAS / SPORT BRAS
- TANK TOPS
- SHIRTS
- SWEATERS
- SWEATSHIRTS
- JEAN JACKET
- CARDIGANS
- JEANS
- LEGGINGS
- JOGGERS
- SOCKS
- DRESSES
- TENNIS SHOES
- SANDALS
- BOOTS
- RAIN BOOTS
- RAIN JACKET
- SCARVES
- LIGHT JACKETS
- WINTER JACKETS
- JEWELERY
- HATS
- SWIMSUIT
- PAJAMAS

CLOTHING CONT:

-
-
-
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CLEANING:

- LAUNDRY DETERGENT
- DOWNY WRINKLE RELEASER
- LAUNDRY BAGS
- DRYER SHEETS
- TRASH BAGS
- ALL-PURPOSE CLEANER
- PAPER TOWELS
- SMALL VACUUM
- DISINFECTANT SPRAY
- DAWN SOAP
-
-
-

KITCHEN:

- FOOD STORAGE
- KEURIG
- PAPER PLATES
- MUGS
- ZIPLOC BAGS
- PLASTIC SILVERWARE
- WATER BOTTLE
- SNACKS
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(my hands-down)

Most Recommended Dorm Essentials:

After living in a dorm room for two years, I am very opinionated about the dorm essentials you **HAVE** to buy and the dorm essentials that you will literally never touch. Here are my **top 6 dorm room essentials** I could NOT have lived without my freshman + sophomore year of college.

1 **TWIN XL MATTRESS TOPPER**

Not to be dramatic, but having a mattress topper for my dorm bed may have been life-changing. I'm not kidding, adding one of these to my dorm bed made it **MORE** comfortable than my bed at home. So much so that my parents bought my one for my queen bed for Christmas that year so I could have one at home! HAH! Here is the [Twin XL Mattress Topper I bought](#) (highly recommend a 4" one).

2 **MESH SHOWER CADDY**

DO NOT get a plastic shower caddy, get a mesh one. I made this mistake freshman year. My plastic shower caddy would fill up with water. When I would get back to my dorm room, I would set it on the ground and five minutes later a huge puddle of water would be everywhere. This is the [Mesh Shower Caddy](#) I recommend because it's cute + cheap (under \$8).

3 **VELCRO TOWEL WRAP**

This thing is an absolute must if you have to use a community bathroom. I got this as a graduation gift and honestly thought I would never use it. Well, four years later, and I **STILL** use it every time I shower (even though I am not in the dorms anymore haha). It makes sure your towel doesn't fall down as you walk to the bathrooms. I got [this monogrammed towel wrap from Etsy](#) (\$30) but I know you can [find one cheaper from Amazon](#).

4 **SOUND MACHINE**

If you are anything like me, you may find it hard to sleep/focus when there is a lot of noise happening around you. I struggled with this majorly my first semester of college until I discovered a sound machine. omg, was this thing a game-changer. You turn it on and you can't hear **ANYTHING**. My whole family uses one of these now even at home to block at noise. [This sound machine](#) is by far the one that I find to work best (and I believe it's one of the cheapest on the market too...aka under \$20).

(continued)

Most Recommended Dorm Essentials:

5 10' PHONE CHARGER

Let's be honest, as a college student your phone is almost always dead. I got a [10' charger from Amazon](#) for my dorm room and it was amazing because it literally could reach anywhere in my dorm. But really, stocking up on phone chargers in general is important because I can almost promise you, that you will lose one or two throughout the year.

6 CLIP-ON FAN FOR YOUR BED

Dorm rooms can get REALLY hot and sleeping in them can be brutal. I was lucky enough that both my dorm rooms didn't have air conditioning (i know...how!!!) so I would wake up at night literally dripping in sweat hahah. [I bought this clip-on fan](#) that I would attach to my bed and it made it SO much more comfortable to sleep.

What NOT To Bring To College:

This is obviously my personal opinion + just the things I found I never used when living in the dorms.

1 TWO SETS OF SHEETS

I do NOT think that it is necessary to buy two sets of sheets for your dorm room. You can easily wash your sheets in the morning and have them back on your bed at night.

2 A SH*T TON OF DECORATIVE PILLOWS

This one is majorly aimed at freshman year me. I probably brought 8 decorative pillows for my bed and futon. Not kidding. While it did look really cute, they became a pain real quick because there was no where to put them while I was in my bed or people were sitting on the futon. Bring a few, but I would leave it at that.

3 POTS + PANS

I really thought I would be making food alllll the time in my dorm room kitchen so I bought cooking utensils my freshman year. Guess how many times I went to the kitchen and cooked?! Zero. Literally not once. Maybe buy one pan but other than that, the dining hall will be your bff.

BY *Sophia* LEE

LET'S BE GIRLFRIENDS.



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